



S. H. Therapy

Sports Injury Holistic Therapy

SPORTS & REMEDIAL MASSAGE

INJURY REHABILITATION

Sung-hee LEE

Sung-hee has been working as a physical specialist specialising in **back injuries** for 16 years, concentrating on dealing with postural correction, injury rehabilitation and sports massage.

She is not just for those who are more dedicated in achieving optimal results, with injuries and special considerations but also who just need to release from muscle tightness or every day life stress. Be able to assess injuries and treat through sports massage and rehabilitation exercise program

Back injury or neck pain

- Occupational injuries
- Pain following road traffic accidents (e.g.: whiplash)
- Muscle soreness and stiffness
- Knee and ankle injuries

Contact No: **07773683592**

Email: **sungheelee216@gmail.com**

